

**DIRECTORS CIRCULAR- APR 2020**

**MENTAL HEALTH AND WELL BEING OF STUDENTS DURING COVID 19**

1. In pursuance of the directions of the UGC , New Delhi vide letter no F.No 1-1/2020(Secy) dated 06 Apr 20, the following measures are hereby promulgated with immediate effect for the mental health, psychological aspects and well being of the students of Army Institute Of Management and Technology, Greater NOIDA.

2. The following COVID help group including student members with help line numbers are hereby established and would be regularly monitored by the team as mentioned below :-

<u>S. No</u>	<u>Name</u>	<u>Designation</u>	<u>Mobile No / e mail id</u>
1.	Col Rajendra Pandey (Retd)	Registrar	8527157533 / registrar@aimt.ac.in
2.	Ms Arshiya Ismail	CTPO	8920177644 / ctpo@aimt.ac.in
3.	Dr Shruti Gupta	Head Academics	9818080363 / sgupta@aimt.ac.in
4.	Dr Babita Bhati	Fac Coord MBA 15	8920755862 / babita_bhati@aimt.ac.in
5.	Asst Prof Dharini	Fac Coord MBA 16	7879920068 / dharini_raje@aimt.ac.in
6.	Asst Prof S Mohanty	Fac Coord BBA	9818735536 / smohanty@aimt.ac.in
7.	Ms Champa	PA to Dir	8826259076 / padirector@aimt.ac.in
8.	Abhinav Vashistha	Rep MBA 15	9650058921 / mba2018_abhinav_vashistha@aimt.ac.in
9.	Sumit Nandi	Rep MBA 15	9990079166 / mba2018_sumit_nandi@aimt.ac.in
10.	Parakh Agarwal	Rep MBA 16	9212108563 / mba2019_parakh_agarwal@aimt.ac.in
11.	Titiksha Rana	Rep BBA	8130050860 / titiksha_rana@aimt.ac.in

The COVID help group would work under the direction of Registrar AIMT and provide immediate counselling and help to any student in distress. The e mail id of the AIMT COVID help line is [helplinestudentaimt@gmail.com](mailto:helplinestudentaimt@gmail.com)

3. All faculty mentors are to regularly interact with their mentees and guide, counsel, mentor and advise them on how to handle the crisis and maintain good health during this time. Guidance is to be conducted through wassup group, e mail, telephone messages, conversation etc

4. For further information on COVID 19 and on understanding the Do's and Dont's of COVID management, students are requested to visit the web site [www.MoHFW](http://www.MoHFW) Web site of Ministry of Health and Family welfare and watch the videos related to COVID 19.

5. Students can also seek support of the Director AIMT at the below mobile number and e mail

Vivek Chawla, 9492753038. [director@aimt.ac.in](mailto:director@aimt.ac.in)

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(Dr Vivek Chawla)  
Cmde (Retd)  
Director

Dated: 07 Apr 2020

Copy to

VC, GGSIPU  
Chairman, AIMT