

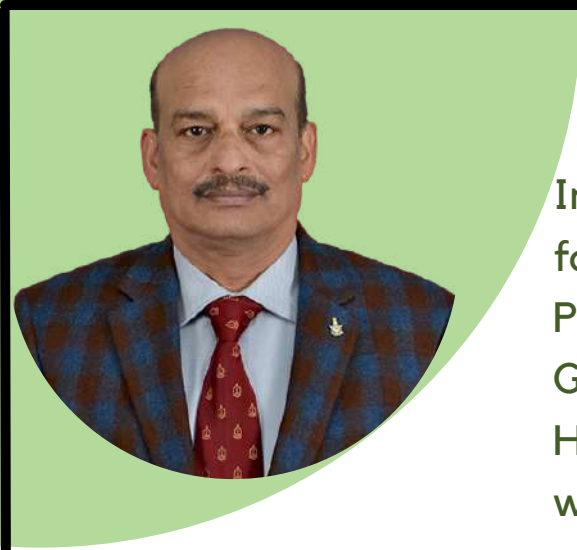
ARMY INSTITUTE OF MANAGEMENT & TECHNOLOGY GREATER NOIDA

HAPPY WOMEN'S DAY

“SHE IS A DREAMER, SHE IS A BELIEVER, SHE IS A DOER, SHE IS AN ACHIEVER, AND THAT SHE IS "YOU" ”.

Army Institute of Management and Technology conducted a seminar for women day on 9th of march 2022 at 03:30 in the seminar hall to acknowledge and make students aware of the importance of women. More than 160 students attended the seminar form BBA and MBA with excitement and in a hope to learn about the other side of the coin.

Air Cmde (Dr.) Jayant Kumar Sahu, Director AIMT



In His address, sir welcomed the invited dignitaries for the session. Mrs.Shweta Ashok, Director Civil Personal (Army HQ Ministry of Defence).Mrs.Roopa Gosain, Principal, RPS International School, Karnal. He talked about the importance of women in the world which contributed to the growth of every aspect of life. And now it is high time that we acknowledge the role of women in society.

Mrs.Shweta Ashok, Director Civil Personal (Army HQ Ministry of Defence)

She was the first speaker of the session.

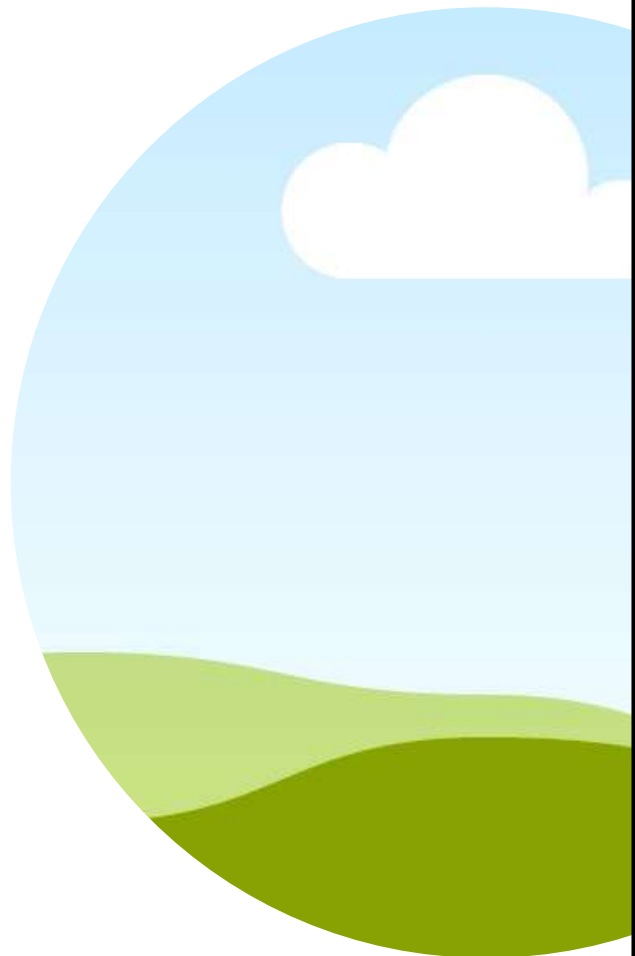
Ma'am spoke about gender sensitization, beginning with a definition of gender and a discussion on the major differences between gender and sex. She went on to explain how gender stereotypes contribute to gender disparity. Ma'am also administered a test on common gender stereotypes and discussed perception issues.

Ma'am further discussed on Gender discrimination. She also shared some statistics and data about gender inequality with us.

She provided us with some of her valuable insight on an understanding of what society is all about. What laws, procedures, and activities are in place to combat major crimes against women. She then moved on to the subject of sexual harassment and workplace sexual harassment. What are the undesired behaviors that a woman encounters, and what are the appropriate responses? How should a woman deal with sexual harassment and what legislation should she be aware of.

The law she referred to was the Sexual Harassment of Women at Work (Prevention, Prohibition, and Redress) Act 2013.

She wrapped it by asking some basic questions regarding our views on sexual harassment and women's empowerment.



Mrs. Roopa Gosain, (Principal, RPS International School)

started her speech with how raising a boy as a man is a biggest and foremost challenge for a mother and how a mindset is built in a cozy comfy corner of the family, where the seeds of women empowerment are sown.

Further, she focused on how the term manhood is taken in society and what are the tags and expectations associated with this term. Further, she stated the paradigms set by the male dominant society for "Manhood" She also highlighted the importance of the famous saying "The liberation of women is linked with the liberation of Man." According to her real empowerment is where a boy is allowed to express his fear and cry freely and a girl is allowed to show her aggression boldly.

She ended her speech with the quote by Eleanor Roosevelt "In the long run, we shape our lives, and we shape ourselves. The process never ends until we die. And the choices we make are ultimately our responsibility.



Col Rajendra Pandey (Retd.), Registrar AIMT

The seminar ended with a vote of thanks and a concluding message from the Registrar AIMT Col Rajendra Pandey. He said it was indeed a remarkable session on gender sensitization and the mindset of society towards women. It was filled with knowledge and enlightening thoughts to learn from.

